

NOTE: This Acceptance Letter is intended for only the accepted students who receive official emails from the course registrars. To avoid confusion for other applicants, please do NOT forward or share the content of this Letter by any means.

Dear Course Applicant,

We are happy to accept you for the second Vipassana meditation course in 2014 from **March 23rd to April 03rd, 2014**, organized in Ho Chi Minh city, Vietnam.

The course will be held at “**Tịnh xá Ngọc Thành, 37/12 đường 41, khu phố 6, phường Linh Đông, quận Thủ Đức, thành phố Hồ Chí Minh.**”

On March 23rd, 2014, please plan to arrive at the course site between 1:30 p.m. and 5 p.m. (at the latest) for the registration period. A light meal will be served before the course starts.

Please read the below information carefully.

1. Confirmation is required
2. Health
3. Code of Discipline
4. What to bring
5. What not to bring
6. Course Finances
7. Location & Directions
8. Contact information

1. CONFIRMATION IS REQUIRED

You must confirm your participation upon receiving this Letter.

From now on, if for any reasons that you are not able to attend the course, please notify us immediately so that we can arrange for another student on the wait list to take your place.

10 days before the course starts, we will send out an email to request your reconfirmation to attend the course. If you do not have an email address we will try to send a text message to your phone instead. Please do respond to our messages. In the responding emails and/or messages to us, please write your full name.

In order to preserve your enrollment in the course, please check emails regularly to **timely** receive responses, information, and/or requests from the registrars and the course organizers.

2. HEALTH

If there is any significant change in your physical or mental health, or medications, please notify registration. If you are presently taking medication, please remember to bring enough for the entire course.

3. CODE OF DISCIPLINE

No outside communications is allowed before the course ends. If it is absolutely necessary, the student has to obtain permission from the assistant teacher before contacting anyone outside.

Note: All students need to stay for the entire period of the course and only leave the course site after 9 a.m on April 03rd, 2014.

Please carefully read the Code of Discipline here:

[Code of Discipline For Courses](#)

4. WHAT TO BRING

You should bring: enough comfortable and loose-fitting clothing suitable for meditation (clothes not too tight and not revealing),

clothing for 10 days to minimize the need for washing; personal hygiene items: towel, shampoo/soap/detergent, toothpaste, toothbrush, toilet paper, etc; flashlight, umbrella, sleepers, prescription medicines; your own blankets, pillows, meditation cushions in case you prefer to use your own items; your Vietnamese government-issued identification card (CMND) or passport.

5. WHAT NOT TO BRING

You may NOT bring any of the followings to the course:

- Foods, intoxicants, tobacco, anesthetics, sedatives or illegal drugs
- Books, documents, pens, radios, recorders, cameras, etc.
- Animal fur, animal skin, glass balls, charms, rosaries or religious items
- Jewelry and other valuable items.

Cell phones, money, other valuables or disallowed items, if any, will be kept by the course management until the end of the course.

6. COURSE FINANCES

According to the tradition of pure Vipassana, courses are run solely on a donation basis. Donations are accepted only from those who have completed at least one ten-day course with S.N. Goenka or one of his assisting teachers. The centers have no other source of finances.

Having experienced the benefits of Vipassana, students taking the course for the first time may give a donation on the last day of the course.

7. LOCATION & DIRECTIONS

Tịnh xá Ngọc Thành is located at 37/12, 41st Street, Linh Đông Ward, Thủ Đức District, Ho Chi Minh City. There are at least two ways to the site:

(1) From **Thủ Đức market**, take Kha Vạn Cân Street to Bình Triệu about 500 m towards the right direction.

(2) From **Bình Triệu intersection**, take Kha Vạn Cân Street toward Thủ Đức market about 4 km towards the left direction.

Then, you will see one end of **42nd Street**, across from it is the Gas Station No.1. Then, continue for 300 m and see **41st Street** which leads to Tịnh Xá Ngọc Thành. At the street end and each crossroad, there is a yellow sign “Tịnh xá. Ngọc Thành” hanging on the electricity pole. You should use public transportation because parking is very limited at Tịnh xá Ngọc Thành.

If you go by bus, there are two buses that stop at 42nd Street, are **bus No. 8** and **bus No. 93** (getting off at **Bến Cũ station** = Gas Station No. 1).

BUS No. 8:

Route Code: 08 – Route Name: BX Quận 8 – Thủ Đức

Time: from 4:40 a.m. to 8:30 p.m., every 3 to 15 minutes.

Outbound: Ga Chợ Lớn A -Lê Quang Sung-Phạm Đình Hồ-Tháp Mười-Hải Thượng Lãn Ông-Lương Nhữ Học-Trần Hưng Đạo-Châu Văn Liêm-Hồng Bàng-Lý Thường Kiệt-Vĩnh Viễn-Lê Đại Hành-Nguyễn Thị Nhỏ-Lữ Gia-Lý Thường Kiệt-Hoàng Văn Thụ-Phan Đăng Lưu-Bạch Đằng-Xô Viết Nghệ Tĩnh-Quốc lộ 13-Kha Vạn Cân-Võ Văn Ngân-Quốc lộ 52 (Xa lộ Hà Nội)-Ngã ba Lâm Viên (Quẹo trái)-Ký túc xá Đại học Quốc gia-Trường Đại học Khoa học Tự nhiên;

Inbound: Trường Đại học Khoa học tự nhiên-Ký túc xá Đại học Quốc gia-Ngã ba Lâm Viên (Nghĩa trang liệt sĩ Thành phố) (Quẹo phải)-Quốc lộ 52 (xa lộ Hà Nội)-Ngã tư Trạm 2-Quốc lộ 52 (xa lộ Hà Nội)-Ngã tư Thủ Đức-Võ Văn Ngân-Kha Vạn Cân-Quốc lộ 13-Đinh Bộ Lĩnh-Bạch Đằng-Phan Đăng Lưu-Hoàng Văn Thụ-Xuân Diệu-Xuân Hồng-Trường Chinh-Lý Thường Kiệt-Hồng Bàng-Châu Văn Liêm-Hải Thượng Lãn Ông-Lê Quang Sung-Nguyễn Thị Nhỏ-Hồng Bàng-Nguyễn Trãi-Phú Hữu-Ga Chợ Lớn A.

BUS No. 93:

Route Code: 93 – Route name: Bến Thành – Khu CX Linh Trung

Time: from 5:45 a.m. to 6:00 p.m., every 10 to 19 minutes.

Outbound: Bãi đậu xe buýt đường Lê Lai – Lê Lai – Trạm bến Thành – Lê Lợi – Pasteur – Điện Biên Phủ – Ngã 4 Hàng Xanh –

Xô Viết Nghệ Tĩnh – Quốc lộ 13 - Kha Vạn Cân - Ngã 4 Xuân Hiệp – Quốc lộ 1A – Đường số 12 – Khu Chế xuất Linh Trung.

Inbound: Khu Chế Xuất Linh Trung – Đường số 14 – Quốc lộ 1 A – Ngã 4 Xuân Hiệp – Kha Vạn Cân – Lê Văn Ninh - Kha Vạn Cân - Ngã 4 Bình Triệu – Quốc lộ 13 – Đình Bộ Lĩnh – Điện Biên Phủ – Nguyễn Bình Khiêm – Nguyễn Đình Chiểu – Nam Kỳ Khởi Nghĩa – Lê Lợi – Trạm Bến Thành – Phạm Ngũ Lão – Nguyễn Trãi – Lê Lai – Bãi đậu xe buýt đường Lê Lai.

8. CONTACT INFORMATION

If you have any question, please kindly contact Vipassana meditation course registrars & organizers in Ho Chi Minh city:

- Phone: 0918.002.475 (Mr. Chi – English speaking); 0906.509.483 (registrars); 0904.593.477 (Ms. Hien);
- **E-mail:** dhammavinnu.ghidanh@gmail.com
- Address: Tỉnh xá Ngọc Thành, 37/12 đường 41, khu phố 6, phường Linh Đông, quận Thủ Đức, Tp HCM

Best Wishes,

COURSE REGISTRARS & ORGANIZERS

Detailed guidelines to Ngọc Thành Nunnery:

